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Date: __/__/__

Patient Name: _____ DOB: _____

Post Op Instructions for Nail Procedures

Take all (if any) antibiotics as prescribed

Soak foot 15 minutes each day using white vinegar and warm water

(1/10 parts vinegar to 9/10 part water)

- Morning procedures begin soaking that evening
- Afternoon procedures begin soaking the following morning

Change the dressing twice daily with Bacitracin and Band-Aids

Use a soft cloth to wipe away any loose skin and dry blood

Continue this process for a full two weeks

ANY SIGNS OF INFECTION CALL THE OFFICE RIGHT AWAY