

OSMOPREP 32 PILL ONE DAY PREP

You must have someone drive you home. You will be unable to drive for 24 hours.

FOUR DAYS BEFORE YOUR PROCEDURE:

Fill your prescription from your doctor for 32 Osmoprep tablets.

THE DAY BEFORE YOUR PROCEDURE:

On _____ you will be taking clear liquids only, no solid foods or milk products. Clear liquids include coffee without milk, tea without milk, water, apple juice, white grape juice, broth, Jell-O, Gatorade, and popsicles. **NO RED LIQUIDS. Remain close to the toilet facilities.**

On _____ at **5 PM**, take 4 tablets of Osmoprep with 8 ounces clear liquid. Repeat every 15 minutes for a total of 20 tablets.



4 tablets
with 8 oz
@ 5:00PM



4 tablets
with 8 oz
@ 5:15PM



4 tablets
with 8 oz
@ 5:30PM



4 tablets
with 8 oz
@ 5:45PM



4 tablets
with 8 oz
@ 6:00PM

On _____ at **9 PM** take 4 tablets of Osmoprep with 8 ounces of clear liquid. Repeat every 15 minutes for a total of 12 tablets



4 tablets
with 8 oz
@ 5:00PM



4 tablets
with 8 oz
@ 5:00PM



4 tablets
with 8 oz
@ 5:00PM

You may not have anything to eat, drink or chew after MIDNIGHT on

If you are a diabetic, or you take blood thinners, heart or blood pressure medications, please refer to special instructions given to you. If you are asthmatic, please bring your inhalers. If you are diabetic, please bring your insulin. Bring a complete list of medications you take along with dosages, insurance cards, and your glasses.

Your procedure will take approximately 30 minutes. You will then spend thirty minutes to an hour in the recovery room. You will be able to resume normal activities the day after the procedure unless otherwise instructed.