

PREPARING FOR YOUR COLONOSCOPY

Dr. Abemayor has scheduled you for an Upper Endoscopy/ERCP on:

Date: _____ Time: _____ Location: _____

1. Kindly inform the office if there are any changes in your insurance coverage or if there are any precertification requirements as dictated by your health plan.
2. A light meal may be consumed 8 hours prior to your procedure. A light meal consists of dry toast, dry cereal (no milk), jello or broth. No eggs allowed.
3. Clear liquids may be consumed until 4 hours prior to procedure. Clear liquids consist of water, pulp-free juice, black coffee or tea, clear soda. Refrain from chewing gum two hours prior to the procedure.
4. No aspirin*, aspirin-containing medication, or nonsteroidal anti-inflammatories (Advil, Motrin, Nuprin, ibuprofen, etc) for five days prior to the procedure. *You may continue aspirin if prescribed for a cardiac stent or another cardiac, neurologic or hematologic condition if instructed by your physician.
5. Stop all antacids (Mylanta, Maalox, Amphojel, etc.) one day prior to the procedure.
6. Arrive, with your escort, 15 minutes before procedure if you are scheduled at the office, and 45 minutes before procedure for hospital. Please make arrangements for transportation home from the procedure. You cannot drive yourself home or take a taxi.
7. Notify office of all current medications, particularly if you are using Coumadin, Ticlid, Plavix, Eliquis, Pradaxa, Effient or any other anticoagulant.
8. If you use insulin, contact your Endocrinologist for coverage instructions.

Dr. Abemayor has explained the risks and benefits of the procedure and has given you a brochure on the test for your review. Should you have any questions or problems, please call our office @ 914-241-9026