



Westchester  
Health

**CLEAR LIQUID DIET**

APPOINTMENT DATE: \_\_\_\_\_

APPOINTMENT TIME: \_\_\_\_\_

LOCATION: \_\_\_\_\_

CLEAR SODAS (GINGER ALE, COLA, 7-UP, SELTZER)

CLEAR JUICES WITHOUT PULP (APPLE, WHITE CRANBERRY, WHITE GRAPE JUICE)

COFFEE OR TEA (WITHOUT MILK OR CREAM)

JELLO (NOT RED OR PURPLE)

GATORADE. G2 OR KOOL-AID (NOT RED OR PURPLE)

ICE POPS (NOT RED OR PURPLE)

CLEAR BROTHS AND BOUILLONS

ICED TEAS

WATER

DIET DRINKS ARE **NOT** ACCEPTABLE